# sweet treats ingredients list

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#### Louise Cake

Sugar, butter, coconut, gluten free plain flour, blueberry jam, raspberries, egg white, egg, brown sugar, lemon zest.

#### **Hazelnut & Cranberry Meringue**

Sugar, egg whites, hazelnuts, raw sugar, hazelnut meal, cranberries, cream, white chocolate, gluten free plain flour, butter & cream of tartar.

## Sicilian Raspberry & Lemon Teacake

Ricotta cheese, vegetable oil, lemon zest, lemon juice, whole egg, gluten free flour, almonds, baking powder, salt, bicarbonate soda, unsalted butter, cream cheese, caster sugar, icing sugar, salt, raspberry, pepitas, mallow dried flowers.

#### Hazelnut Chocolate Cheesecake Tart 'Gluten Free' Gluten

free plain flour, unsalted butter, icing sugar, salt, egg (whole), sugar, glucose syrup, hazelnuts, bicarbonate soda, cream cheese, corn flour, sour cream, cream, dark couverture chocolate, rose petal, blue corn flower.

#### Pistachio Raspberry Teacake

Eggs, almond meal, sugar, butter, pistachio paste, cream cheese, white chocolate & raspberry.

#### Mandarin & Polenta Cake

Oranges (whole), butter, sugar, almond meal, eggs, polenta & baking powder.

# **Berry Crumble Cheesecake**

Cream cheese, plain flour, sour cream, sugar, lemon juice, whole egg, corn flour, butter, raspberries, blackberries, blueberries & snow sugar.

### Granola Bar

Cranberries, coconut, apricot, pistachio, golden syrup, almonds, macadamias, hazelnuts, gluten free plain flour, flaxseeds, pepitas, brown sugar, puffed grains (brown rice, buckwheat and sorghum), butter, vanilla paste & salt.

#### **Breakfast Muffins**

Sugar, wheat starch, vegetable oil, eggs, water, Wheat flour, whey powder, salt, glucose syrup, skim milk powder. (Chocolate Muffin — dark chocolate & Bertha's Brownie (nut free). Blueberry Muffins - Brown sugar, gluten free plain flour, butter, oats, blueberries & blueberry jam, snow sugar Raspberry Muffins — Raspberry jam, freeze dried Raspberries, snow sugar.

## Fig & Ginger Cake

Figs, butter, sugar, almond meal, gluten free flour, eggs, buttermilk, ginger, salt, vanilla paste, icing sugar, cream cheese, pistachios and dried flower petals.

# **Carrot Cakes**

Self-raising flour, brown sugar, vegetable oil, walnuts, carrots (whole), eggs, white chocolate, cream cheese, butter, pistachios, mixed spice & bicarb of soda.

# Sour Cherry & Lemon

Eggs, sugar, sour cream, butter, self-raising flour, cherries, lemon juice, salt, lemon zest & gelatine.

#### Vanilla Strawberry Teacake

Buttermilk, eggs, self-raising flour, plain flour, sugar, salt, butter, white chocolate, cream cheese, freeze dried strawberry & dried flowers.

#### Lime Yoghurt Syrup Cake

Plain flour, butter, sugar, eggs, yoghurt, blueberries, icing sugar, lime (juice and zest), salt & baking powder.

## Passionfruit & Poppy Seed Cake

Sugar, self-raising flour, butter, egg, milk, passionfruit, water & poppy seeds.

#### Pretzel Bar

Peanut butter, white chocolate, dark chocolate, butter, wheat pretzels, sugar, water, glucose, puff cereal & peanuts.

## Lamingtons

Eggs, sugar, plain flour, corn flour, butter, raspberry jam, gelatine (animal based), icing sugar mix, Dutch cocoa, thickened cream & shredded coconut.

#### Lemon Buttermilk Tart

Buttermilk, sugar, eggs, butter, yoghurt, lemon, corn flour, salt, gelatine & snow sugar.

#### Frangipane & Berry Tart

Almond meal, sugar, butter, eggs, plain flour, cream, salt, raspberries & blueberries.

## Walnut Maple & Bourbon Tart

Plain flour, butter, sugar, eggs, walnuts, maple syrup, glucose syrup, bourbon & salt.

## Passionfruit & White Chocolate Tart

Plain flour, sugar, whole egg, butter, cream, white chocolate, whole passionfruit pulp & passionfruit juice.

## Salted Caramel Chocolate Crackle Snap

Flour, butter, brown sugar, eggs, dark chocolate, Dutch cocoa, condensed milk, pistachios, icing sugar, white chocolate, cream, caramel, baking powder, all spice & salt.

### Macadamia Sandwich

Macadamia nut, plain flour, brown sugar, whole eggs, butter, castor sugar, honey, vanilla paste, baking soda, salt, condensed milk, white chocolate & cream.

# Lemon Myrtle Sandwich

Self-raising flour, butter, raw sugar, icing sugar, lemon juice & lemon myrtle oil.

## **Biscotti**

Sugar, plain flour, baking powder, salt, eggs, pistachios, cranberries & orange.

# **Peanut Butter Choc Chip Cookies**

Butter, sugar, eggs, plain flour, salt, bicarb of soda, peanuts & dark chocolate.

# Little Beartha Gingerbreads

Brown sugar, butter, golden syrup, eggs, plain flour, salt, ginger powder & mixed spice.

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#### **Coffee & HazeInut Torte**

Brown sugar, hazelnut meal, whole eggs, dark coverture chocolate, butter, Dutch cocoa, coffee, vanilla paste, cream cheese, white chocolate, caster sugar, honey, golden syrup & bicarb of soda.

#### **Chocolate Caramel Tart**

Plain flour, butter, sugar, eggs, salted almonds, dark couverture chocolate, cream, water & salt.

## **Berry Velvet Teacake**

Whole egg, almond meal, butter, icing sugar, white chocolate, cream cheese, raspberry paste, blueberry jam, dextrose, food colour E124, freeze dried strawberry, blue corn flowers & snow sugar.

#### Vegan Banana, Raspberry, Coconut & Teff Flour Cake

Whole banana fruit, soy milk, Teff flour (gluten free), coconut oil, apple cider vinegar, coconut, coconut sugar, freeze dried Raspberry, salt, bicarb of soda, baking powder, cinnamon, nutmeg, mixed spice, Nuttelex Buttery, tapioca, poppy seeds & vanilla paste.

#### **Vegan Carrot Cake**

Plain flour, baking powder, vegan butter, bicarb soda, salt, cinnamon, nutmeg, carrot, brown sugar, flax seeds, water, canola oil, vanilla paste, apple cider vinegar, icing sugar, lemon juice, caster sugar, pepitas & walnuts.

### Vegan Apple Ginger Oat Cake

Plain flour, baking powder, bicarb soda, salt, ginger, cinnamon, red delicious apple, granny smith apple, brown sugar, flaxseeds, water, canola oil, apple cider vinegar, icing sugar, vegan butter, vanilla essence, pepitas and purple mallow flowers.

# **Vegan Chocolate Slice**

Almond meal, dates, Dutch cocoa, maple syrup, lemon juice, salt, Kahlua liquor, white pepper, coconut oil, vanilla paste, cocoa nibs & raspberries.

# Vegan Breakfast Muffins

Canola oil, water, Sugar, potato starch, soya protein concentrate, coconut flour, raising agents (450, 500), dextrose, thickener (415), salt, flavouring, stabilizer (516), curcuma, gluten free flour, brown sugar, pepitas, salt, baking powder, bicarbonate soda, cinnamon, Nuttelex spread, cherry jam or apricot jam, freeze dried cherry or freezedried orange zest.

#### Vegan Pistachio Lemon Teacake

Flour, sugar, bicarbonate soda, salt, soy milk, vegetable oil, apple cider vinegar, vanilla paste, lemon juice, lemon zest, pistachio kernels, blue corn flower, dried orange peel, icing sugar.

#### Vegan Bertha Brownie

Linseed, coffee, caster sugar, brown sugar, vanilla paste, gluten free flour, salt, baking powder, roast almond, dark couverture chocolate, Nuttelex, Dutch cocoa powder.

#### Christmas Fruit Mince Pies

Fruit Mince 55% (sultanas, currants, figs, citrus peel, unsalted butter, brown sugar, dates, ginger, dark rum, lemon juice, mixed spices, nutmeg & salt), wheat flour, sugar, egg & cream.

#### **Gingerbread Christmas Trees**

Brown sugar, unsalted butter, golden syrup, whole egg, wheat flour, salt, ginger powder, allspice, bicarb of soda, nutmeg, cinnamon, cloves, white pepper, egg white, icing sugar, lemon juice & silver cachous ball.

#### Pavlova's

Sugar, egg white, cream, icing sugar, raspberry jam, gelatine & cream of tartar. (Nutella & whole hazelnuts added to chocolate Pavlovas).